

Together For Jackson County Kids

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TFJCK Granted For Another Year!

Together For Jackson County Kids (TFJCK) was awarded the Drug Free Communities Grant (\$98,543), beginning October 2009, for the seventh year in a row. The Drug-Free Communities support program is responsible for enabling the coalition to establish programs/activities such as Strengthening Families, Red Ribbon Week, Town Hall Meetings, Communities Mobilizing for Change on Alcohol (CMCA) program, Tobacco Free Coalition, anti-tobacco billboards co-funding, Rx abuse prevention with local pharmacies, GR8 SK8 skateboard competition, and more.

(Washington, D.C.) – Gil Kerlikowske, Director of the Office of National Drug Control Policy (ONDCP), today announced the awarding of \$21 million in new Drug Free Communities (DFC) grants to 161 communities across the country. Together For Jackson County Kids from Black River Falls, WI was one of the grant recipients, and will receive \$98,543 in DFC grant funds to involve and engage their local community to prevent and reduce alcohol and other drug abuse among youth.

“Efforts to keep our youth drug free are critical to healthy communities here in Jackson County.” said Lisa Hodge, DFC Project Director. “The Drug Free Communities Program recognizes the great potential of Together For Jackson County Kids to help save lives of youth. This new funding will allow TFJCK to mobilize

and organize our community to prevent and reduce substance abuse.”

“The Drug Free Communities Support Program bolsters individuals and groups across the Nation that are improving their communities by preventing drug abuse,” said Substance Abuse Mental Health Services Administration Acting Administrator, Eric Broderick. “SAMHSA is honored to play a role in this innovative program, which has done so much to promote well-being, hope and feelings of empowerment among so many young people.”

Gil Kerlikowske, Director of the Office of National Drug Control Policy (ONDCP) and President Obama’s “Drug Czar,” said, “Evidence shows that communities receiving DFC funding have lower instances of youth using tobacco, alcohol and marijuana. I commend the coalitions like Together For Jackson County Kids, who work tirelessly to prevent and reduce youth drug use across the Nation with the aid of DFC grants.”

The Drug Free Communities program is directed by the White House Office of National Drug Control Policy (ONDCP) in partnership with the Substance Abuse and Mental Health Services Administration (SAMHSA). The DFC program provides grants of up to \$625,000 over five years to community coalitions that facilitate citizen participation in local drug prevention efforts. Coalitions are comprised of community leaders,

parents, youth, teachers, religious and fraternal organizations, health care and business professionals, law enforcement, and the media.

The 161 new grantees were selected from 417 applicants through a competitive, peer-reviewed process. To qualify for matching grants, all awardees must have at least a six-month history of working together on substance abuse reduction initiatives, have representation from 12 specific sectors of the community, develop a long-term plan to reduce substance abuse, and participate in the national evaluation of the DFC program.

The DFC program was created by the Drug Free Communities Act of 1997, and was reauthorized by Congress in 2001 and 2006. Since 1998, ONDCP has awarded approximately 1,500 DFC grants to local communities in all 50 states, the District of Columbia, Puerto Rico, Palau, Guam, American Samoa and the U.S. Virgin Islands.

More information about the Drug-Free Communities Program is available at:

www.whitehousedrugpolicy.gov/dfc

Together For Jackson County Kids plans to continue promoting positive values and choices and eliminating the negative impact of alcohol, tobacco, other drugs, violence and related youth risk behaviors.

Red Ribbon Week October 26-30!

Together For Jackson County Kids and the BRF High School's DECA worked together to set up drug free booths/stations for Red Ribbon Week. The Sheriff's department was there informing students about drinking and driving, and had interactive drunk goggles for the students to try on.

There was an age-progression booth showing students what they might look like after years of smoking, a carbon monoxide machine that shows students who smoke or live with smokers how much carbon monoxide has accumulated in their lungs.

A drug free poster making competition took place, followed with a pizza party for the winners, the bank had a booth to teach kids smarter things to invest their money in rather than

drugs and alcohol, and stations were setup to decorate their school and themselves in red or with drug messages. At the end of all the stations, the students went to the Lunda Theater to watch a video on healthy choices.

On Monday October 26 the Boys and Girls Club and Together For Jackson County Kids took 21 members chalking on the sidewalk of downtown BRF. Some of the signs the kids displayed were "Be Drug Free" and "To Smoke Is No Joke".

Later that night a free movie, free small popcorn and drink were offered at Falls Cinema by Together For Jackson County Kids for teens 14-18. The movie presented was "The Haunting in Connecticut", but before the movie was shown, the teens

viewed various anti-drug clips that showcased the negative effects of drug using has on their lives.

The response was amazing, 125 students participated in this event from all the local schools. And we look forward to another year.



West Central Wisconsin Behavioral Health

West Central Wisconsin Behavioral Health Clinic is an outpatient mental health clinic and is affiliated with Trempealeau County Health Care Center. The clinic offers outpatient specialized psychological assessment and Alcohol and Other Drug Abuse services.

For Specialized Assessment Dr. Charles Moore, a licensed psychologist and a Tenured Professor of Psychology at the University of Wisconsin - La Crosse, specializes in assessing and diagnosing mental health disorders. Psychological Assessment, Psychological Consultation, Inservices, Workshops - offered for parenting and marriage

For Alcohol and Other Drug Abuse Services (AODA) Nicholas Lee brings with him ten years experience in the field as a Substance Abuse Professional. He is a Wisconsin Certified Alcohol and Drug Counselor and has experience in the facilitation of education and therapy groups. West Central Wisconsin Behavioral Health and Nick are joined together to focus on adult, youth and family issues that are part of daily life.



Meet One of Our Vistas: Brody Bayus

I am the coolest 22 year old I know, and I just moved into your community. Born and raised in Southern California, I started community organizing and working for causes that I felt passionate about. Now as a fellow Wisconsinite I am eager to get to know and become part of my new community. I have been working with Together for Jackson County Kids out of the Black River Falls, Extension Office, to keep youth away from drugs and alcohol, and hopefully becoming friends and partners with you in the near future. Feel free to contact me by email brody.bayus@ces.uwex.edu or phone 284-4257.

Parents Help Your Teens Make the Right Choice

Did you know that teens are less likely to use drugs, alcohol, and tobacco if their parents set clear rules about such risky behaviors? According to recent research, when a young person decides whether or not to use drugs, a crucial consideration is: What will my parents think?

If you make your position on drug use clear and set rules and consequences for breaking them in advance, your teen is less likely to step over that line:

Don't make empty threats or let the rule-breaker off the hook. But be careful not to impose harsh or unexpected new punishments either. Stick to your original plan and show your teen there will be fair consequences for their actions. After discussing the rules, you may even want to write them down to avoid discrepancy over what was said.

Reprimands should involve mild, not severe, negative consequences. Taking away privileges or grounding teens for a weekend typically fit the bill. Overly severe punishments can undermine the parent-child relationship and lead to rebellious behavior.

Set a curfew and enforce it strictly. Be consistent on this rule, whether it's to be home in time for dinner on a school night or to be home by midnight on a Saturday night. Be prepared to negotiate for special occasions like prom and holidays.

Have teens check in at regular times. If your teen has a cell phone, establish clear rules for using it (such as, "When I call you, I expect a call or text back within 10 minutes").

Check in with the party host. If your teen tells you he or she will be at a party or at a friend's house, do not be afraid to call those parents to make sure adult supervision is in place.

Make it easy to leave a party or hangout where drugs are being used. Discuss in advance how to signal you or another adult who will pick your teen up when he or she feels uncomfortable. Be prepared to talk about what happened once you get home.

Establish house rules. If your teen is at home alone for long periods of time, set clear rules about who else is allowed in the house – and who is not. Also be sure to set clear rules about what is off limits – such as the car, liquor cabinet, or [medicine cabinet](#).

Recognize good behavior. If your teen is respecting your rules, compliment him or her for behaving admirably instead of focusing on what's wrong. When you are quicker to praise than to criticize, young people learn to feel good about themselves and develop the self-confidence to trust their own judgment as they grow into adulthood.

For more information check out: www.theantidrug.com

Upcoming Events/Meetings

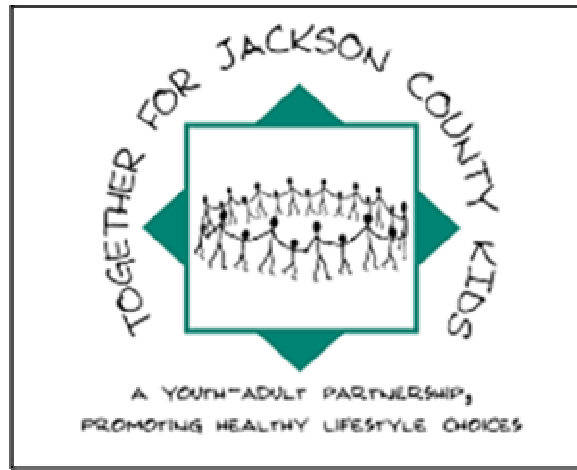
November 19 **Great American Smokeout!** Look out for news article in the local newspapers for more information.

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Lisa Hodge's Email: lhodge000@centurytel.net



Our Mission

Together For Jackson County Kids, a countywide partnership of concerned citizens, is committed to enhancing community wellness by promoting positive values and choices and eliminating the negative impact of alcohol, tobacco, other drugs, violence and related youth risk behaviors. We draw upon private, public, adult and youth resources.

News and Notes

We're on Facebook! Together For Jackson County Kids have recently made a group on the Facebook network. There are discussions and notices for members about what is happening for the coalition. Please contact Danielle if you are interested in joining the group. (You must be a Facebook member in order to join).

I'm interested in more information on Together for Jackson County Kids

Name _____

Agency/Organization _____

Address _____

Email Address _____

Office Phone Number _____

Home Phone Number _____

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